



Community Health Assessment Kick Off

April 26, 2018

First Baptist Church
2932 King Street, Alexandria, VA

AGENDA

- ❖ Introduction
- ❖ What is a Community Health Assessment?
- ❖ Visioning Tools
- ❖ Group Activity: Developing a Vision
- ❖ Next Steps

Note: Emergency Exits & Restrooms



Health is...

“a state of complete physical, mental and social well-being and not merely the absence of disease and infirmity”

- World Health Organization, 1948

Public Health is

“the science and art of preventing disease, prolonging life, and promoting health and well-being through organized community effort.”

- CEA Winslow

“...organized community effort.”



#AlexHealth
#HealthMatters



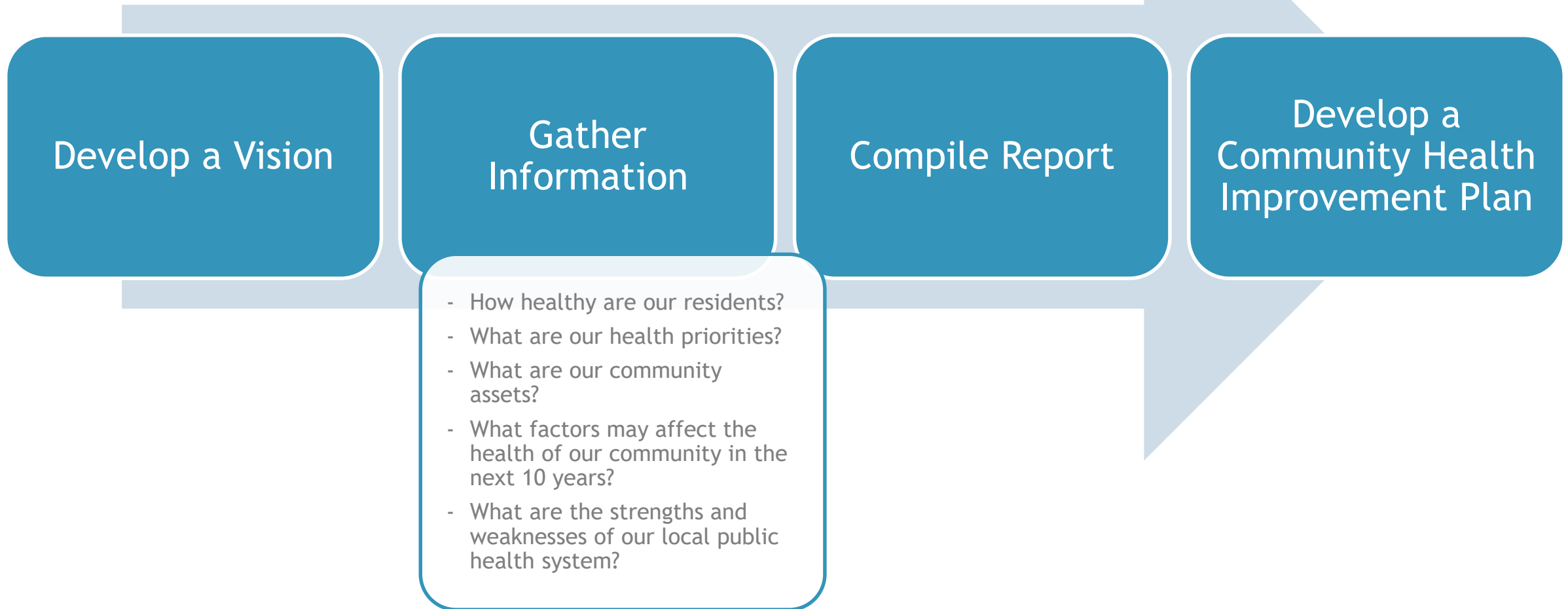
**Public Health
Advisory Commission**

COMMUNITY HEALTH ASSESSMENT (CHA)

What is a CHA?

A *grassroots* effort to identify the key health issues affecting the many communities in Alexandria

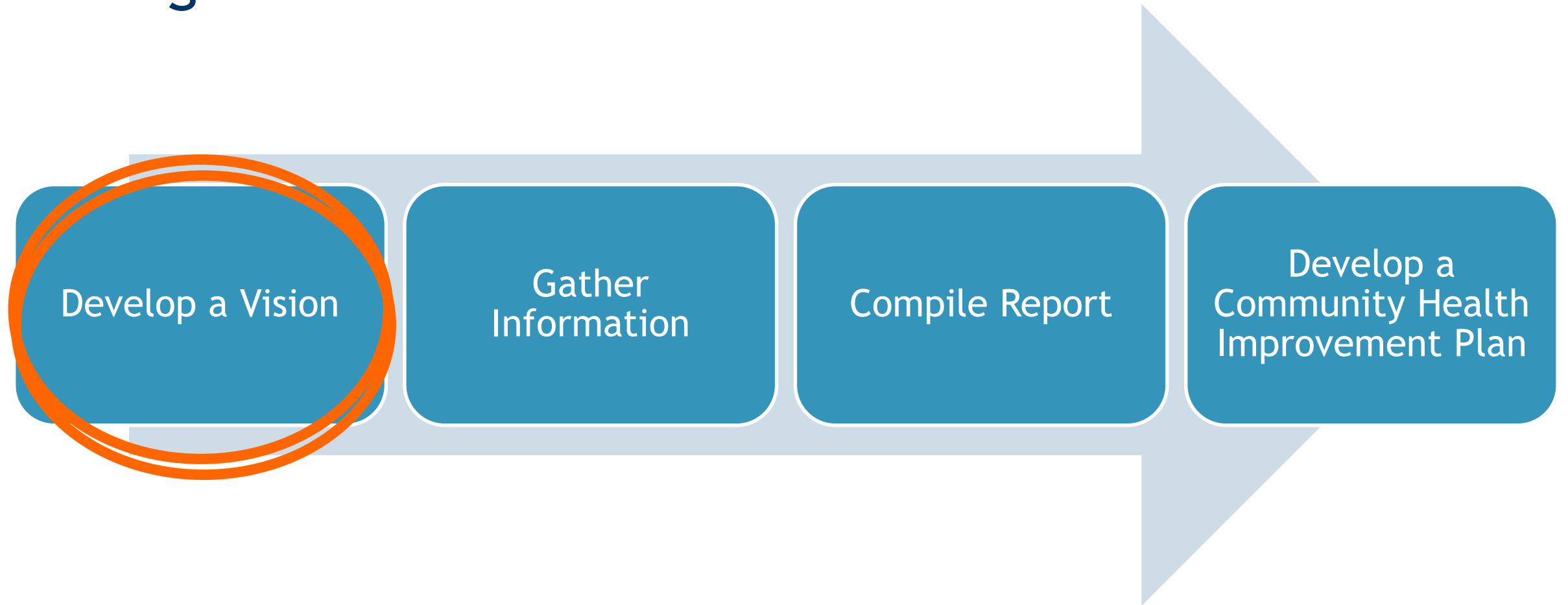
How do we complete a CHA?



Key Players

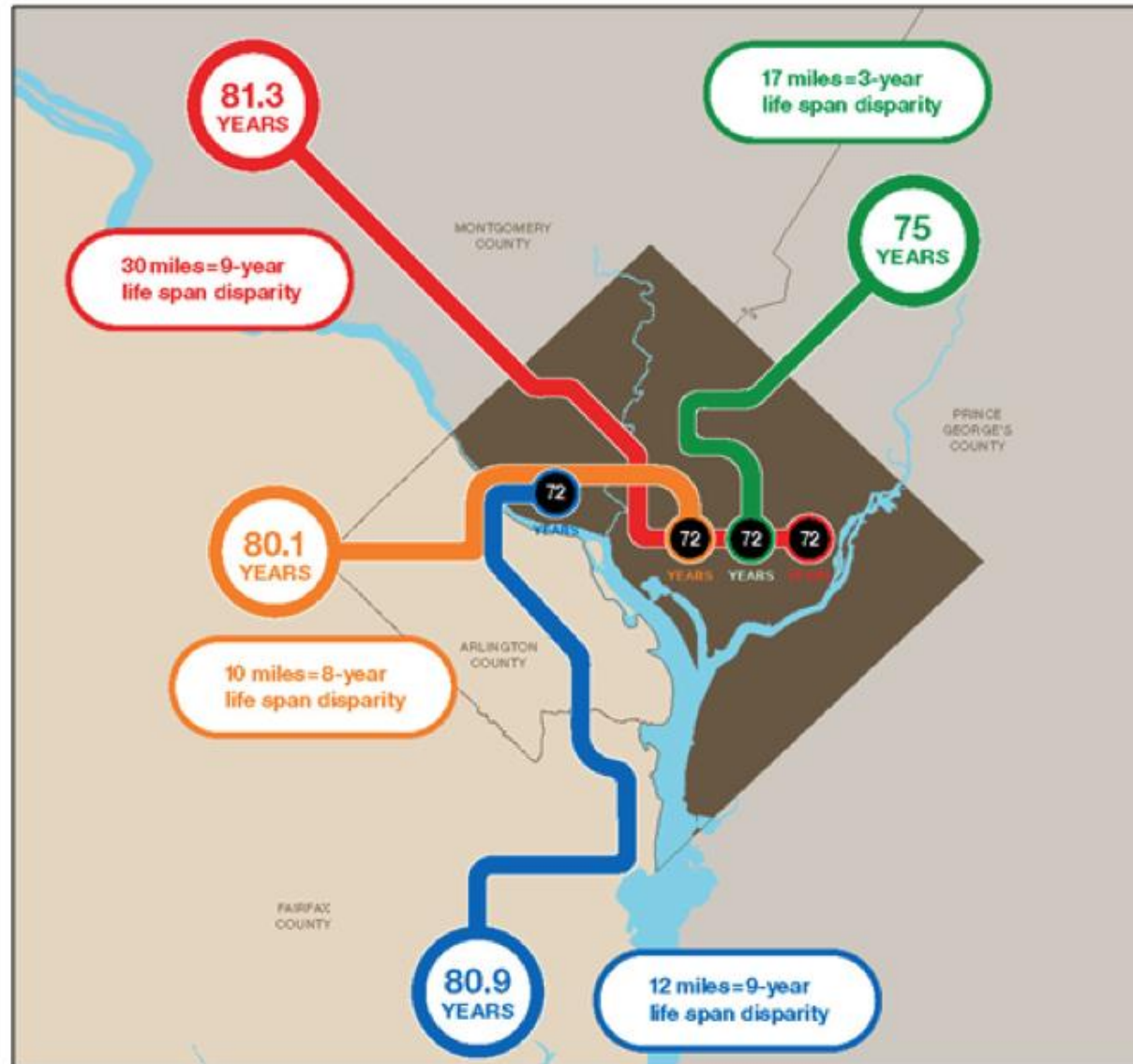


Tonight's Goal



PREPARING FOR VISIONING

Short Distances but Large Gaps in Health



Source: Robert Wood Johnson Foundation, Commission to Build a Healthier America



In Summary...

Keep in mind:

- Focus on the roots
- Place matters
- Equity

Ground Rules

- Respectful listening
- Respectful talking (W.A.I.T.)
- “I” not “you” statements
- Be present
- What's said here stays here, what's learned here leaves here
- Literacy moment
- Assume good intentions

Small Group: Discussion Questions

1. What does a healthy community mean to you?
2. What are important characteristics of a healthy community for all who live, work, and play here?

What are the Common Themes
across tables?

Common Themes

- Equal access to care (financial access and access to services)
- Safety
- Removing barriers to access
- Environment (air, water)
- Clean places to play
- Transportation
- Health includes food, housing, knowledge/information (broad definition)
- Equity
- Collaboration btwn orgs
- Access to resources
- Safety in the community
- Diversity in education
- Transportation/safe routes to school
- Spirituality
- Education, access, revamping of policies
- Mental health
- playgrounds

Common Themes

- health is not just physical
- Infrastructure/roads
- Support for new parents
- Preventive care/prevention
- Intercultural sensitivity
- Engaged citizens
- Affordable housing
- Commonality in what we are concerned with
- Everyone is welcome and included
- Community is active in ensuring everyone gets what they need
- Empowered individuals, engaged communities; have access to resources as a result
- Communication
- Avoiding isolation
- Engaging youth
- Inclusion of undocumented individuals

Common Themes

NEXT STEPS

- Vision statement
- Evaluation
- Save the Date: July 26!



THANK YOU

